



10 out of 10 Safety Checklist

General Psychiatry Residency Training Program

This document highlights key elements to support a strong safety culture in the residency program. All Postgraduate Site Directors should incorporate the document into site-based orientations and ensure that faculty supervisors review these questions with their residents at the beginning of each rotation and as needed throughout the rotation.

1. How would you **call for help** urgently?
2. Who participates in **Code Whites** at this hospital/training site and **what is your role** if you are the clinician calling a Code White?
3. What should you do if you **hear a Code White** called overhead?
4. What should you do if you have any **concerns about seeing a patient alone** in your office or in any other setting (e.g. on the inpatient ward, in the community)?
5. On outpatient rotations, **how should your office be set up** to maximize personal safety?
6. What **technology** (such as **personal and structural alarms**) are being used to enhance safety in this training setting and how should you **test it** to make sure it is working and generates a response?
7. What are the **rotation-specific safety issues** to be mindful of on this rotation (e.g. Infection Prevention and Control, Occupational Health and Safety, Personal Protective Equipment requirements)?
8. How can you access **urgent supervision** regarding a clinical safety concern for your patient(s)?
9. What help should you access if you have been involved in a **safety incident** (threat or injury) during the workday or on-call?
10. What help can you access if you have any concerns about your **wellness/well-being** and/or **learner mistreatment**?

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