

Welcome to CBD 2019-20!

We are very excited to embark on the new academic year. A warm welcome to our second full cohort of PGY1s in the CBD model of training. The PGY1s have just finished Springboard and are beginning their first clinical rotations, the PGY2s finished a successful first year in CBD and the PGY3 Pilot residents are forging ahead to lay the CBD groundwork. A few things to remember as you (re)settle into CBD:

- You can always reach us with CBD related questions or concerns. The CBD mailbox is cbd.psych@utoronto.ca. We will reply as soon as we can.
- There is lots of CBD related information posted on the Department of Psychiatry website including all the EPAs, the CBD Handbook and FAQs. Please visit our [CBD website](#).
- Remember that it is expected that you attempt about 1 EPA every week on your core psychiatry rotations AND one every other week in the LAE. If you have not done so already, please access the [EPA tool](#). If you have any trouble with your username or password, let us know ASAP. We want to ensure that there are no barriers to your completion of EPAs.
- By the end of PGY2, it is expected that residents are “entrustable” on each Foundations of Discipline (FOD) EPA 3 times. However, we expect that residents are, on average only entrustable about 1/3 of the time.
- Each CBD resident is assigned a faculty coach to provide guidance and assist with the resident’s learning plan throughout the year. Coaches and residents should meet about once every other month for 30 minutes. If you don’t hear from your coach soon, please let us know.



Welcome CBD Coaches!

- This academic year, we have over 40 faculty acting as coaches to the 92 residents in the CBD model of training.
- Please remember to be in touch with your matched resident this month to set up your first meeting.
- If you know you are a coach but you missed the communication on your resident match, please email us as soon as possible at cbd.psych@utoronto.ca
- Please review the coaching material on the [CBD Coach’s Corner](#). It provides some guidance on your role as coach.
- Dr. Sarah Colman is hosting Coaching Office Hours:
 - August 12th at 12pm
 - September 20th at 12pm
 For more information email: cbd.psych@utoronto.ca



What does 'entrustable' mean?



This is the single most frequently asked question regarding EPAs, "How do I determine if a resident is entrustable with the EPA she has just attempted?" There are two key measures to determine entrustability:

- Can the resident complete the task competently (safely, not perfectly or excellently)?
- Can the resident complete this task alone? I.E. you would have felt comfortable leaving the resident entirely on her own to undertake this task.

Curriculum Announcement



Dr. Mary Preisman has accepted the role - Head of Postgraduate Curriculum. Mary will continue with the great work completed by Dr. Sarah Colman and the Curriculum Subcommittee in reviewing and refreshing the didactic curriculum, focusing now on PGY3 and PGY4. Welcome Mary!

What will 2019-20 look like for CBD Residents?

August	<ul style="list-style-type: none"> • PGY1s begin clinical rotations and LAE clinic - attempting ~ 1 EPA/week
September	<ul style="list-style-type: none"> • PGY2 Program Evaluation Focus Groups (during teaching days)
October	<ul style="list-style-type: none"> • Self-Reflection forms circulated to all CBD Residents (for inclusion in competence materials) • EPA data closed (October 31, 2019) for inclusion in Competence Review
November	<ul style="list-style-type: none"> • PGY1 and PGY3 Program Evaluation Focus Groups • 1st Competence Meetings of 2019-20 to review the progress of all CBD residents (Nov 21 & 28)
December	<ul style="list-style-type: none"> • Competence Reports distributed to Residents and Coaches
January	<ul style="list-style-type: none"> • PGY2 Program Evaluation Focus Groups (during teaching days)
February	<ul style="list-style-type: none"> • 2020-21 communications begin re: curriculum, clinical rotations
March	<ul style="list-style-type: none"> • PGY3 Program Evaluation Focus Groups • EPA data closed (March 31, 2020) for inclusion in Competence Review
April	<ul style="list-style-type: none"> • PGY1 Program Evaluation Focus Group • Self-Reflection forms circulated to all CBD Residents (for inclusion in competence materials)
May	<ul style="list-style-type: none"> • 2nd Competence Meetings of 2019-20 to review the progress of all CBD residents (May 7 & 14)
June	<ul style="list-style-type: none"> • Competence Reports distributed to Residents and Coaches

158 EPAs completed so far this academic year!

- David Freeman and Angela Han are the PGY1 CBD Residents tied for the most EPAs attempted in July.
- Latifa Jaafar is the PGY2 CBD Resident with the most EPAs attempted in July.
- Paul Kaylor is the PGY3 Pilot CBD Resident with the most EPAs attempted in July.
- Jonathan Hsu is the Senior Resident who has supervised completion of the most EPAs in July.

CONGRATS!
Call Kristen to receive your EPA Progress Tim Horton's gift card.

