

## One Year (Almost) Under Our Belt!

**Congratulations to all - residents, faculty and administrative staff, who have successfully helped us to implement CBD!** We are almost at the end of our first year with a full PGY1 cohort in this new model of training. What an amazing accomplishment! The inevitable bumps in the road have become less frequent over the year. Your ongoing feedback and agility as we adjusted and pushed on is much appreciated. We are poised to begin year 2 with two full cohorts of CBD residents.

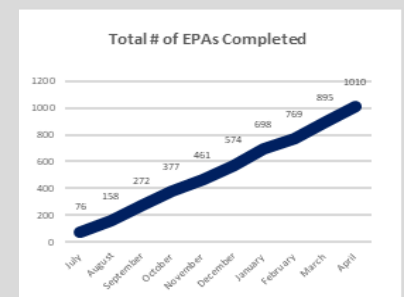
Thank you to....

- The 46 residents in the CBD model including our 8 PGY2 pilot residents who are paving the way and will continue to do so in PGY3 next year.
- The 25 coaches who have stepped up to support our residents with their learning plans throughout the year.
- The over 100 CBD supervisors who have provided invaluable feedback both to the residents and the CBD program planners.
- The over 80 members of various CBD committees that have helped us steer this massive ship and iteratively plan for the future of CBD in psychiatry.
- Our amazing hospital and department administrators and site directors who so skillfully operationalize our program.



### EPA Successes...

- The CBD residents have attempted 1176 EPAs this year.
- EPA entrustment rate is:
  - 62% for PGY1s
  - 67% for PGY2s
- Our EPA attempt trajectory is constant, indicating residents and supervisors are keeping at it and maintaining frequent EPA attempts.



Sarah Colman, the department's Associate Program Director, Competency by Design, had this to say about the journey so far: "Looking back over this year I can't help but be awed by the huge mountain that we have moved together. We have not only successfully implemented CBD among our PGY1 residents, 2 years ahead of schedule, but have renewed our curriculum in a thoughtful manner. While a change this big is going to be a challenge, residents, faculty and administrators have rallied, and we are paving the way in the new world of Competency-Based Medical Education."

# Look what we did....



There is no doubt that it was a busy year for everyone involved with CBD. We took on a lot of work and went beyond the requirements of CBD. Here are a few of our key accomplishments. To see all that we have done, have a look at our [2019-20 Accomplishments](#).

- The Curriculum Subcommittee redesigned the PGY1 and PGY2 curriculum to reduce didactic lectures, reduce repetition among lectures, and to better align teaching with clinical experiences.
- The Competence Committee reviewed all 46 CBD residents twice this year to ensure they are progressing as expected and to provide supports when needed.
- The EPA Working Group developed 9 new EPAs for the *Core of Discipline* stage of competence.
- The CBD website and the monthly CBD newsletter were implemented to keep all departmental stakeholders in the know.

## What to Expect in July!

1. Thirty-nine new PGY1 residents! Welcome!
2. The introduction of the brand new Addictions experience at CAMH and SMH in PGY2.
3. The introduction of new PGY3 rotations: SPMI, Underserved, and ER.
4. The removal of the child practice STACER and the child STACER in PGY2.
5. Redesigned core didactic curriculum from PGY1 July Springboard straight through PGY2.
6. The implementation of locally delivered CBT and psychopharmacology seminars in PGY2.
7. Didactic teaching integrated into PGY2 rotations – no more Wednesday teaching.
8. Adjustments to the PsychRocks EPA Tool including:
  - Minor wording adjustments to all EPAs
  - The repositioning of the Agitation and Aggression EPA from the *Foundations of Discipline* stage of competency to the *Core of Discipline* stage of competency (it was FOD6, it is now COD6)
  - The removal of the feedback to stakeholders EPA - FOD8
  - A significant rewrite of FOD7 regarding the provision of psychotherapy modalities.
  - The addition of a Critical Appraisal EPA – FOD6, to bring us in line with the Royal College EPAs
  - Added 9 Core of Discipline (COD) EPAs
  - Revised the Diagnosis section of the tool to reflect diagnosis in the DSM5

 **CONGRATS!**  
Call Kristen to receive  
your EPA Progress  
Tim Horton's gift card.



### 1176 EPAs completed so far this academic year.

- Tanner Isinger is the PGY1 CBD Resident with the most EPAs attempted in May.
- Naomi Mudachi is the PGY2 Pilot CBD Resident with the most EPAs attempted in May.
- Sian Rawkins is the Supervisor who has participated in completion of the most EPAs.