



Child and Adolescent Psychiatry Fellowship

Description of the fellowship opportunity:

This fellowship provides advanced training in Child and Adolescent Psychiatry (CAP) within The Hospital for Sick Children's (SickKids) Department of Psychiatry. Training is typically 1 year's duration. SickKids is a tertiary care pediatric hospital. The fellowship training rotations will encompass Ambulatory Psychiatry (AP), Pediatric Consultation-Liaison (CL) Psychiatry, Inpatient Psychiatry (IP) and Urgent outpatient care/After-hours Emergency Room On call (on-site) Psychiatry. Commonly fellows will be assigned to each of AP, CL, and IP settings during their fellowship with Urgent care/After-hours On call Psychiatry training experiences being distributed across their fellowship. Each training rotation has unique (yet also overlapping) training experiences engaging patients suffering from a range of conditions. In the Ambulatory Psychiatry setting there is a focus on a broad range of diagnoses including Anxiety disorders, ASD, developmental disorders, OCD, ADHD, TIC/Tourette disorders, Depressive Disorders, and eating disorders. CL Psychiatry provides both inpatient and outpatient pediatric consultations and focuses upon Delirium, Somatic symptom disorders and management of patients with suicide attempts. Inpatient and Urgent Care/After-hours On-call Psychiatry focuses upon emergency room and hospital-based emergencies and urgent and brief psychiatric care for patients with suicidal behaviors, overdoses, and emotional/behavioral dysregulation.

Training opportunities to gain training experiences with patients from their emergency room presentation through hospital admission to discharge home and follow-up care are possible. Across training settings knowledge and skills will be developed in patient and family assessment, crisis intervention, medication management and various psychotherapies. Therapy training experiences may extend throughout the full fellowship. Interdisciplinary and team approaches to patient assessment and care are emphasized. Fellows are actively engaged in medical and health professionals' education and training. Fellows will participate in departmental grand rounds and morbidity and mortality rounds. A scholarly approach to child and adolescent psychiatric care is emphasized by utilizing evidence-based approaches, critical review of relevant literature and emphasizing quality improvement approaches to patient care delivery. Fellows will also have the opportunity to work upon an academic project under staff supervision.

Fellowship Objectives: CanMEDS Roles

1. Medical Expert

As Medical Experts, physicians integrate all of the CanMEDS Roles, applying medical knowledge, clinical skills, and professional attitudes in their provision of patient-centered care. Medical Expert is the central physician Role in the CanMEDS framework

A) Knowledge and skills in child and adolescent psychiatry assessment, including urgent and emergency assessment and treatments of child and adolescent psychiatric conditions B) Appreciates normal and abnormal development and contribution to assessment of children, adolescents and families C) Knowledge and skills in psychiatric therapeutics - both psychopharmacology and psychotherapies D) Appreciates the impact of cultural, gender, social economic status, life stage and age on patient assessment and treatment. E) Understands and can apply the Mental Health Act, Health Care Consent Act, Substitution Decision Act, and rules of confidentiality to the care of patients and families F) Establishes and maintains rapport and an effective working relationship with patients and multidisciplinary team. G) Utilizes evidenced based practice in delivery of psychiatric care.

2. Communicator

As Communicators, physicians effectively facilitate the doctor-patient relationship and the dynamic exchanges that occur before, during, and after the medical encounter.

A) Listens effectively to the patient and their family members. B) Conveys pertinent information and opinions to colleagues in a timely, efficient and effective manner, in both verbal and written

formats C) Effective communication of mental health diagnoses and treatment plans with multidisciplinary teams, other colleagues, patients and their families. D) Use of therapeutic communication skills with children and families to enhance family communication patterns.

3. Collaborator

As Collaborators, physicians effectively work within a healthcare team to achieve optimal patient care.

A) Consults effectively with colleagues and other health care team members, including non-psychiatric MD's, Nurse Practitioners (NPs), Nurses, social workers, child and youth workers, Psychologists, and Spiritual Care staff, recognizing their roles and responsibilities. B) Can participate effectively in a "shared care" model with other physicians in the management of a patient's psychiatric and/or behavioral issues. C) Contributes effectively to the interdisciplinary management of the patient. D) Is able and willing to teach and learn from colleagues/trainees within the context of a clinical care team. E) Is able to address interpersonal conflict in patient care, utilizing negotiation skills, to arrive at a workable endpoint. F) Develop case formulation and care plan for patient and family through collaboration with multidisciplinary team.

4. Leader

As Managers, physicians are integral participants in healthcare organizations, organizing sustainable practices, making decisions about allocating resources, and contributing to the effectiveness of the healthcare system.

A) Effectively prioritize clinical, educational and personal demands in order to provide safe and effective care, and maintain a sustainable practice. B) Addresses human and hospital resources issues, such as social workers, child and youth workers, need for patient transfer, nursing observation levels for at risk patients with consideration to cost appropriateness. C) Coordinates the efforts of the treatment team, as appropriate. D) Seek to understand resources available to patient and their families and match care needs with available services.

5. Health Advocate

As Health Advocates, physicians responsibly use their expertise and influence to advance the health and well-being of individual patients, communities, and populations.

A) Identifies and addresses the stigma affecting the patient with psychiatric illness. B) Advocates for the patient within the context of their treatment setting. C) Identifies and understands the determinants of mental and physical health affecting patients individually, or as a group and recognizes and responds to those issues where advocacy is appropriate for the patient or their community. D) Support patients in self care through psychoeducation. E) Advocate for the integration of mental and physical health within a patient's care plan when needed.

6. Scholar

As Scholars, physicians demonstrate a lifelong commitment to reflective learning, as well as the creation, dissemination, application and translation of medical knowledge.

A) Critically appraises medical information and medical literature. Successfully integrates information and literature from a variety of sources in the management of patients. B) Facilitates the learning of patients, students, residents, other fellows and other health professionals through guidance, teaching, and constructive feedback. C) Take part in education research/scholarship endeavours. D) Consider quality improvement approaches to patient care delivery. E) Participates in departmental grand rounds and morbidity and mortality programs.

7. Professional

As Professionals, physicians are committed to the health and well-being of individuals and society through ethical practice, profession-led regulation, and high personal standards of behaviour.

A) Ongoing commitment to providing high quality care. B) Demonstrates accountability, integrity, honesty, compassion, and respect for diversity. C) Fulfills the medical, legal and professional obligations of a psychiatrist.

Training start date:

Fellowship training should start on **July 1 annually**, if possible, to align with the new academic year. However, alternative start dates may be negotiated in consultation with the fellowship supervisor (see below) & Psychiatry Fellowship Program (psych.fellows@utoronto.ca).

Stipend availability:

Candidates selected for the CAP Fellowship at SickKids will be provided with a first year fellowship stipend of \$92, 767.48 CAD/annum. Sponsored* candidates are also eligible to apply (see Psychiatry Fellowship Program's [website](#) for more information).

* Sponsored candidates are applicants from the following countries whose governments have official postgraduate medical training agreements with the university of Toronto: **Bahrain, Kuwait, Oman, Qatar, United Arab Emirates, and Saudi Arabia.**

Note: Sponsored candidates must have already initiated an application on the University of Toronto's **Sponsored Trainee Application Registry (STAR)**. For more Information, contact the University's postgraduate medical education (PGME) office at: pgme.international@utoronto.ca

Application Process

Overview:

Candidates must review the University of Toronto Psychiatry Fellowship Program's application requirements carefully **before** initiating an application. Internationally trained applicants may be asked to provide **English proficiency test results** at the time of application. To learn more, see: <https://psychiatry.utoronto.ca/apply-fellowship-program>

Interested candidates are invited to submit their updated **CV**, copies of their **MD** and **specialty certificate***, a **letter of intent** detailing their interest in this opportunity and how it aligns with their career goals, as well as the contact information of **3 references** one of whom being their Residency Program Director. Reference letters must be received by the above-listed deadline. Other requirements may apply - see below.

** In lieu, current domestic residents can submit a letter of good standing indicating their anticipated graduation date from their residency program*

Application period:

The recommended application period for a July 1, 2024, start date is **Oct. 1 – Nov. 30, 2023**. Applications to this opportunity for entry in the **2024-25 academic year** (July 1 academic session) will be accepted between **Oct. 1, 2023 – Nov. 30, 2023** on the Psychiatry Fellowship Program's application platform: <https://documents.med.utoronto.ca/Forms/FellowshipsApplication>

Contact:

Please contact **Ashley Allen** for any questions/further information: ashley.allen@sickkids.ca