

September 7, 2023



# Psychiatry UNIVERSITY OF TORONTO

## PsychNews

Weekly Departmental Announcements, Events & Opportunities



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# Announcements



## **[CaRMS 2024 Resident File Reviewer/Interviewer Sign-up for Faculty Members and Residents](#)**

NEW

Selecting the next generation of psychiatrists is one of the most important roles of the residency program. Faculty and residents are invited to participate in CaRMS 2024. Please sign up by October 6, 2023. **[Learn more and sign up to participate in CaRMS 2024.](#)**

## **[Orientation for New Faculty 2023: Parts 1, 2, 3, 4 and 5](#)**

NEW

The Orientation for New Faculty is held annually in late October and early November. This year the Orientation includes five events taking place on Oct 27, Nov 1, Nov 7, and Nov 16, some of which are in-person and some of which are offered online via Zoom. New faculty members are required to attend in their first 3 years with the Department. You are welcome to attend all parts, but we encourage you to attend at minimum part 1, 2, 4 and one of either parts 3 or 5 as it relates to your own academic role. **[View the programme](#)** and **[register now](#)**.

## **[Annual Speaker Series for World Suicide Prevention Day](#)**

NEW

On Friday, September 8, from 10 am to 12 pm, join us for the Annual Speaker Series for World Suicide Prevention Day. Presented by ASPIRE, this free online event features leading speakers on suicide prevention.

## **[UHN Supportive Care Update Conference Needs Assessment Survey](#)**

NEW

The Department of Supportive Care at the University Health Network is hosting its inaugural Supportive Care Update Conference on May 9, 2024. Complete their **[Needs Assessment Survey](#)** and help shape the conference.

## **[Medical Humanities Education Matching Funding Grants: Internal Departmental Review Process](#)**

The PGME Medical Humanities Education Matching Funding Grants support projects to enhance integration, application, and/or education scholarship of medical humanities and humanism in postgraduate medical education. Applicants are encouraged to consult the **[CFD resource on Education Scholarship](#)**. To receive matched funding from the

Department of Psychiatry, applicants must follow an internal process with a submission deadline of **11:59 pm on Friday, September 22, 2023**.

### **Faculty Mentorship Groups are Resuming for the 2023-2024 Academic Year**

Our mentorship groups are resuming for the next year. Upcoming sessions:

- **Clinician Scientists & Investigators panel on Negotiating Protected Time and Research Support** featuring a panel of Drs. Mahavir Agarwal, Tarek Rajji and Ari Zaretsky on Sep 20, 2023.
- **Clinician Teachers – Starting off as a Clinician Teacher: What is your role and what should you be doing** on Sept 27, 2023.
- **Joint Mentorship Workshop for Status Only and Clinician-Scientist/Clinician-Investigator Faculty** on Nov 21, 2023.

More sessions will be announced soon.

### **Join us at University of Toronto Global Mental Health Day - Ticket prices are reduced for a limited time**

On September 15, 2023, 8:45 am to 3:00 pm, 2023, join us at Global Mental Health Day as we take stock of the field at a critical moment in its development. **Ticket prices are reduced for a limited time - register now!**

## **Strategic Plan Update**



### **Strategic Plan Review Updates**

The **Strategic Plan Review** or “**TIMER**” process is intended to provide an opportunity to review the state of our Department's **Strategic Plan**, tracking progress, sharing results, and receiving feedback from our community. We have now finished sharing status updates covering the four Strategic Directions. **The full updates for each direction are available on the Department website.**

# Nominations & Applications



## Faculty Opportunities

### Temerty Medicine Research Excellence Award

To acknowledge and support the innovative research and accomplishments of our faculty, the Office of the Vice Dean, Research and Health Science Education (RHSE) is announcing the Temerty Medicine Research Excellence Award. Each year, this award will go to two early- to mid-career faculty members at the Temerty Faculty of Medicine: one will be awarded to a researcher in the basic sciences and the other to a researcher in the clinical sciences. **Deadline for Expression of Interest (EOI): Thursday, October 26, at 11:59 pm. Deadline for Full Application: Friday, November 24, at 11:59 pm.**

### Department of Psychiatry Funding Opportunity in Quality, Innovation & Safety

The University of Toronto Department of Psychiatry is creating a new funding opportunity in Quality, Innovation and Safety. Two awards will be given during this cycle (2023/24) with another two awards given in 2024/25. Projects selected for funding will be awarded up to \$20,000 each from the Department of Psychiatry. **The deadline to submit your proposal is September 30, 2023, at 11:59 pm.**

### Grant competition - Temerty Ukraine-Toronto Education & Collaboration initiative

The Temerty Ukraine-Toronto Education & Collaboration initiative has officially launched for this year. The initiative was paused last year due to the war in Ukraine and the Advisory Committee has agreed to resume the competition this year. There are 2 grants of \$75k available. **Deadline to apply: September 30, 2023, at 11:59 pm.**

### Medical Humanities Education Matching Funding Grants: Internal Departmental Review Process

The PGME Medical Humanities Education Matching Funding Grants support projects to enhance integration, application, and/or education scholarship of medical humanities and humanism in postgraduate medical education. Applicants are encouraged to consult the [CFD resource on Education Scholarship](#). To receive matched funding from the Department of Psychiatry, applicants must follow an internal process. Deadline to apply: **Friday, September 22, 2023, at 11:59 pm.**

### **Take your clinical teaching to the next level with INTAPT**

Want to make teaching easier? Preparing for a faculty position or promotion? If you're a practising clinician, INTAPT might be for you. Learn how to optimize the design and delivery of clinical education programs, present with confidence and impact, create and run an engaging workshop, integrate teaching and learning theory into practice, and more. Practising clinicians from any discipline are welcome to attend INTAPT's in-person sessions at DFCM. Week 1: October 16–20, 2023. Week 2: February 12–16, 2024. **Deadline to apply: September 15, 2023.**

### **Association of Chairs of Psychiatry in Canada Awards - Call for nominations**

The Association of Chairs of Psychiatry in Canada (ACPC) is now accepting nominations for the 2023 ACPC/ADDPC awards, including the ACPC Award for Excellence in Education, ACPC Annual Research Award, and ACPC Annual Award for Creative Professional Activity. [More details regarding criteria for each of the awards and nomination materials can be found on the ACPC website](#). **Nomination Deadline: September 10, 2023.**

## Events



### Departmental

**Annual Speaker Series for World Suicide Prevention Day**



September 8, 2023, 10:00 am to 12:00 pm

*Online on Webex*

[Learn more](#)

### [University of Toronto Global Mental Health Day - The Next Evolution of Global Mental Health](#)

September 15, 2023, 8:45 am to 3:00 pm

*CAMH, 1025 Queen St. W.*

[View the programme](#)

[Register now](#)

### [Faculty Mentorship Group - Clinician Scientists & Investigators](#)

September 20, 2023, 9:00 - 10:30 am

Topic: Negotiating Protected Time and Research Support

*Online via Zoom*

[now](#)



[Register](#)

### [CPPD National Conference 2023](#)

September 23, 2023, 8:50 am to 2:00 pm

*Online event*

[View the programme](#)

[Register now](#)

### [Professorial Lecture: Dr. Paula Ravitz](#)

September 26, 2023, 5:30 to 7:00 pm

Title: Contact Improvisation, Relationship-centred Care & Psychiatry

*Online and in person options*

*In person location: Mount Sinai Hospital, 600 University Ave, 18th Floor Auditorium*

[Register now](#)

### [Faculty Mentorship Group - Clinician Teachers](#)

September 27, 2023, 12:00 to 1:00 pm

Topic: Starting off as a Clinician Teacher: What is your role and what should you be doing?

*Online via Zoom*

[now](#)



[Register](#)

## **CBD Faculty Development Update Advanced Coaching Skills Part 2**

September 28, 2023, 12:00 pm - 1:30 pm

*Online event*

**[View the programme](#)**

**[Register now](#)**



## **City-Wide Psychiatry Rounds**

September 29, 2023, 12:00 pm - 1:00 pm

*Online via Zoom*

**[Register now](#)**

## **Orientation for New Faculty**

October 27 to November 16 (multiple events)

*Online and in person*

**[Register now](#)**



## **Annual University of Toronto Psychopharmacology Conference**

November 18, 2023

**Save the date**

## **Joint Mentorship Workshop for Status Only and Clinician-Scientist/Clinician-Investigator Faculty**

November 21, 2023, 9:00 - 10:30 am

Topic: How to Hire a High-Performing Research Team

Facilitated by Christine Miners, Managing Director, Verity International

*Online via Zoom*

**[Register now](#)**



## **PsychRefresh 2024**

Jan 29 - Feb 2, 2024

*Online*

Join us for the improved, deluxe version of the only psychiatry review course you'll need!

**[Register now](#)**



**U of T**

### **CFD - Teaching and Learning in the Clinical Context**

September 14 - November 30, 2023

*Online*

### **CFD - Education Scholars Program**

October 2, 2023 - April 8, 2025

2-year program aimed at developing participants' capacity as education scholars

**Education Scholars Program (ESP) Access and Inclusion Bursary - application deadline June 30, 2023**

*Online and in-person*

**Register by June 30**

## **Hospital Partners**

### **CAMH Virtual Grand Rounds**

September 8, 2023, 12:00 noon - 1:00 pm

Title: Talking for Change: Child Sexual Abuse Perpetration Prevention in Canada

Presenters: Dr. Ainslie Heasman, PhD, CPsych, and Dr. Cory Gerritsen, PhD, CPsych

*Online via Webex*

### **St. Michael's Hospital Grand Rounds**

NEW

September 8, 2023, 12:00 - 1:00 pm

Title: Substance use disorders, Involuntary Hospitalization and Capacity: An Evolving Understanding

Presenters: **Dr. Tanya Hauck** and **Michele Warner**

*Online via Zoom*

**Zoom link and information**

### **WCH Department of Psychiatry Grand Rounds**

NEW

September 14, 2023, 12:00 noon - 1:00 pm

Title: Using neurocognitive tools to understand and improve treatment response in borderline personality disorder



Presenters: Jenna Traynor, PhD

*Online via Zoom*

### **Canadian College of Neuropsychopharmacology 2023 Annual Meeting**

September 21-23, 2023

**Save the date**

### **WCH Dr. Cintia Vontobel Padoin Memorial Inaugural Lecture in Infant and Preschool Psychiatry**

September 21, 2023, 12:00 noon - 1:00 pm

Presenter: Diane A. Philipp, MD FRCP(C)

*Women's College Hospital, 2nd Floor, CR C Auditorium 2501 (live)*

*or Join Zoom Meeting Meeting ID: 865 2421 2568*

**Save the date**

### **International Geriatric Mental Health Videoconference Rounds**

September 22, 2023, 8:00 am - 9:00 am

Title: Delays and underdiagnoses of dementia in the LMICs:

An Indian Perspective

Presenter: Dr. Ratnavalli Ellajosyula, MD, DM, FAAN

*Online via Zoom*

### **WCH - 2023 META:PHI Virtual Conference**

September 22-23, 2023

Mentoring, Education, and Clinical Tools for Addiction & Partners in Health Integration

Early-bird prices until July 31, 2023

**Register now**

### **CAMH - Webinar: Getting good sleep: Sleep and mental health in later life**

September 27, 12:00 – 1:00 pm

Presenters: Dr. Chris Kitamura and Dr. Wai Haung (Ho) Yu

[Register now](#)

### [\*\*CAMH - Webinar: Introduction to Youth Bipolar Disorder\*\*](#)

October 11, 2023, 6:00 pm

Presenter: Dr. Benjamin Goldstein

[Register now](#)

### [\*\*Canadian Psychiatry Association annual conference\*\*](#)

October 18-21, 2023

*Vancouver, BC*

[Register now](#)

### [\*\*SickKids' 20th Annual Paediatric Emergency Medicine Virtual Conference\*\*](#)

November 2 & 3, 2023

Pre-Conference Workshops will run on October 31 and November 1

*Virtual*

### [\*\*UHN - 11th Canadian Conference on Dementia\*\*](#)

November 2-4, 2023

*Sheraton Centre Toronto Hotel, 123 Queen Street West, Toronto*

[Register now](#)

### [\*\*UHN - Supportive Care Update Conference\*\*](#)

May 9, 2024

*Online*

[\*\*Help shape the conference by completing a 2-minute needs assessment\*\*](#)

**Save the date**



[Discover more events on our website](#)

## Awards, Honours, & Distinctions



### International/National

Congratulations to **Dr. Deanna Chaukos** for receiving the **2023 Early Career Development Award** from the Association for Academic Psychiatry.

Congratulations to **Dr. Shaheen Darani** for being named the **CPA's incoming chair of the Continuing Professional Development (CPD) Committee**.

Congratulations to **Dr. Certina Ho** for receiving the **Master Educator IDEA Fellowship Award** from the Association for Academic Psychiatry.

Congratulations to **Dr. Jamil Jivraj** for receiving the **2022 Best Trainee Presentation Award, Canadian Academy of Child and Adolescent Psychiatry**.

Congratulations to **Dr. Jamil Jivraj** for receiving the **2022 Dan Offord Resident Research Award, Association of Professors of Child and Adolescent Psychiatry of Canada (APCAPC)**.

Congratulations to **Dr. Hilary Pang** for receiving a **PRITE Fellowship from the American College of Psychiatrists**. Dr. Pang is one of two applicants from across North America selected for this competitive fellowship.

The International Association for Women's Mental Health's (IAWMH) leadership has announced the creation of the [Prof. Donna Stewart Medal for Excellence in Research in Women's Mental Health](#). The award is named in recognition of **Dr. Donna Stewart**,

CM,MD, FRCPC, a co-founder of the IAWMH. Congratulations to Dr. Stewart for this honour!

## Provincial/Local

Congratulations to **Dr. Chetana Kulkarni** for receiving a [2023 Temerty Award for Excellence in Professional Values](#).

Congratulations to **Dr. Vivian Feng** for receiving the **DPRD Best Geriatric Poster** for the poster titled "**Lipopolysaccharide, immune biomarkers and cerebral amyloid-beta deposition in older adults with mild cognitive impairment & major depressive disorder**".

Congratulations to **Dr. Talveer Mandur** for receiving the **Dr. Philip Berger Advocacy Award from St. Michael's Hospital**.

## In The News



['Hardcore science' or 'just a sticker' – do anti-anxiety patches actually work?](#) - The Guardian. September 7, 2023. Featuring Dr. Matthew Burke.

NEW

[Police and academics working together](#) - Global. September 7, 2023. Featuring Dr. N. Zoe Hilton.

NEW

[Study: Depression among children 'uncommon' in years before pandemic](#) - Healio. August 31, 2023. Featuring Dr. Daphne J. Korczak.

NEW

[Waypoint to host nation-wide study into intimate partner violence](#) - CTV News. August 30, 2023. Featuring Dr. N. Zoe Hilton.

[Prevalence of disabilities for older Black & White Americans plummeted from 2008 to 2017](#) - Newswise. August 29, 2023. Featuring Dr. Bolade Ajarat Shipeolu.

[From building bone to children's literacy: 36 U of T researchers awarded Canada](#)

[Research Chairs](#) - U of T News. August 29, 2023. Featuring Dr. Stephanie Ameis.

[U of T researchers receive grants for research projects that aim to transform lives](#) - U of T News. August 29, 2023. Featuring Dr. Sophie Soklaridis.

[Ontario Shores Achieves Three Prestigious Designations for its use of Technology and Data and Analytics to Advance Mental Health Care](#) - Ontario Shores News. August 29, 2023.

['Enormously complex' file in store for new minister Saks, say addictions specialists, as calls grow for more funding to address 'overdose crisis'](#) - The Hill Times. August 28, 2023. Featuring Dr. Leslie Buckley.

[Anesthesiologists Urged to Enhance Care for Substance Use Patients](#) - Mirage News. August 24, 2023. Featuring Dr. Wiplove Lamba.

[Why A New Drug to Treat Postpartum Depression In U.S. is Also Needed in Canada 'Asap'](#) - NewsTalk 1010. August 17, 2023. Featuring Dr. Crystal Clark.

[Postpartum depression drug needs to be available in Canada 'ASAP', experts say](#) - Global News. August 17, 2023. Featuring Dr. Daisy Singla.

[At-Home Exercise Improves Healthcare Workers' Mental Health](#) - MedScape. August 16, 2023. Featuring Dr. David Gratzer.

[Toronto has a crystal meth problem. Overshadowed by the opioid crisis, here's why it's going unchecked](#) - The Toronto Star. August 13, 2023. Featuring Dr. Leslie Buckley, Dr. David Gratzer, and Dr. Juveria Zaheer.

## In Print & Online



**IMPACT** [Long COVID symptoms may be caused by neuroinflammation](#)

While most people who have a mild or moderate case of COVID recover quickly, some experience symptoms that last for months or even years. Known as Long COVID, symptoms can include fatigue, depression, and a recurring confusion nicknamed “brain fog”. Long COVID can have a severe impact on quality of life, and its causes are poorly understood.

**Dr. Jeff Meyer** and his team are researching long COVID. They believe that some symptoms, such as brain fog and depression, could be tied to inflammation in the brain. Their recent study indicates there may indeed be a link – and has important implications for how we can treat long COVID.

## Professional Positions



### U of T and Affiliated Hospitals

#### [Assistant/Associate/Full Professor - Clinician Investigator, Neuromodulation/Psychedelic Care - Sunnybrook Health Sciences Centre](#)

The Brain Sciences Program and Department of Psychiatry at Sunnybrook Health Sciences Centre are seeking to recruit an Academic Psychiatrist to support the Harquail Centre for Neuromodulation and the Mood Disorder Program, across the lifespan. **Deadline to apply: September 30, 2023.**

#### [Postgraduate Medical Education \(PGME\) Faculty Lead, Assessment - University of Toronto](#)

The Faculty Lead, Assessment, is responsible for the overall strategic planning, design, implementation, and ongoing improvement of assessment (learner and faculty) in PGME. The role collaborates with program directors, vice chairs education, education scientists, and the PGME executive to develop, implement and support processes related to PGME assessment. Please direct any inquiries about this position to [adpgme@utoronto.ca](mailto:adpgme@utoronto.ca). **Deadline to apply: September 22, 2023.**

**Associate/Full Professor - Chair, Mental Health and Substance Use Disorders - Unity Health**

The Department of Psychiatry, Temerty Faculty of Medicine at the University of Toronto and Unity Health Toronto – St. Michael’s Hospital are seeking applications for the Chair in Mental Health and Substance Use Disorders at St. Michael’s Hospital-Unity Health Toronto. This is a term, joint University of Toronto and St. Michael’s Hospital Chair. **Deadline to apply: September 13, 2023.**

**Psychiatrist - University of Toronto Scarborough’s Health & Wellness Centre**

The psychiatrist will provide consultative psychiatric services within the Health & Wellness Centre. We are a collaborative team that provides health promotion, individual and group counselling, and primary care services to registered students. The successful candidate will work within our interdisciplinary team, which includes administrators, family physicians, registered nurses including a mental health nurse, health promotion professionals, and counsellors, to provide consultation and collaborative care. **Open until filled.**

**Medical Director, Regional Programs - Waypoint Centre for Mental Health Care**

Waypoint is seeking an exceptional, visionary, and innovative leader for the role of Medical Director, Regional Programs. In this role, the Medical Director will be an active participant in Waypoint’s continued pursuit of clinical excellence, maximizing quality, advancing best practices, and transforming the client experience. **Open until filled.**

**Academic Psychiatrist, Schizophrenia Division, Psychosis Recovery & Treatment Inpatient Services - Centre for Addiction and Mental Health (CAMH)**

The Centre for Addiction and Mental Health (CAMH) is seeking a full-time inpatient psychiatrist in the Schizophrenia Division’s Psychosis Recovery and Treatment Inpatient Services. **Open until filled.**

**Other**

### **[Geriatric Psychiatrist Faculty Position - Rutgers University](#)**

Rutgers is seeking a board-certified geriatric psychiatrist with clinical experience in caring for persons with Alzheimer's disease or other dementias. The successful candidate will work as part of a multi-disciplinary team including neurologists, neuropsychologists, and neuropathologists, on a clinician-scientist track. Applicants should have experience in conducting clinical trials (as PI or site PI), experience conducting longitudinal studies, and an interest in studying preclinical Alzheimer's disease. **Open until filled.**

### **[Self-Employed Psychiatrist - Cota Health: Assertive Housing First Team](#)**

Cota Health is seeking a dynamic and innovative self-employed Psychiatrist who will work enthusiastically to deliver recovery oriented, client and family centered and comprehensive services that meet client needs, ensure client safety and work within a quality improvement framework to identify opportunities for enhancing quality and quantitative outcomes of the services. **Open until filled.**

### **[Psychiatrist Positions - Inner City Health Associates](#)**

Currently, ICHA is seeking to recruit part-time psychiatrists for several sites, including ½ day per week clinics at Margaret's drop-in, at a virtual or in person clinic in one of the shelter hotels, and at various other homeless service sites across the city.

## **Featured Reading**



**[Dr. David Gratzer - Reading of the Week: An Exercise App for Burnout – the New JAMA Psych Paper; Also, Pandemic Mental Health Use and Szalavitz on Portugal](#)**

**NEW**

**[Dr. Ralph Lewis - An Overview of the Leading Theories of Consciousness](#)**

**[PsychEd episode 57 is now live!](#)** This episode covers HIV/AIDS psychiatry with special guests from two international settings to provide complementary perspectives on HIV psychiatry: Dr. Adriana Carvalhal, Associate Professor at the University of Toronto

**NEW**



and Staff Psychiatrist at Scarborough Health Network and Dr. Leigh van den Heuvel, Psychiatrist and Associate Professor in the Department of Psychiatry at Stellenbosch University in South Africa. You can listen on Apple Podcasts, Spotify, or your favourite podcast app.

[Find past announcements in previous editions of PsychNews](#)

Next issue publication date:

**September 14, 2023**

Submission deadline:

**September 13, 2023, by 10 am**

**Please submit all content in PDF format, or, via a web link to [psych.news@utoronto.ca](mailto:psych.news@utoronto.ca). Emails with embedded content will not be accepted; all items must be attachable or hosted on a website.**

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