

University of Toronto

An aerial photograph of the Toronto skyline, featuring the CN Tower and numerous high-rise buildings. The image is overlaid with a semi-transparent purple rectangle that serves as a background for the text.

Child and Adolescent Psychiatry: Training Site Information Booklet

Training Sites and Site Directors:

Centre for Addiction and Mental Health: Dr. Oshrit Wanono	<u>2</u>
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George Hull Centre for Children and Families: Dr. Taylor Armstrong	<u>4</u>
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Humber River Hospital: Dr. Raj Rasasingham	<u>5</u>
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Michael Garron Hospital: Dr. Susan MacKenzie	<u>6</u>
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North York General Hospital: Dr. Kevin Gabel	<u>7</u>
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Ontario Shores Centre for Mental Health Sciences: Dr. Marc Fadel	<u>8</u>
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SickKids Centre for Community Mental Health: Dr. Diane Philipp	<u>9</u>
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SickKids Hospital: Dr. Nicola Keyhan	<u>11</u>
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Sunnybrook Health Sciences Centre: Dr. John Teshima	<u>13</u>
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Trillium Health Partners: Dr. Jonathan Beard	<u>14</u>
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Unity Health – St. Joseph’s Health Centre: Dr. Hannah Klein	<u>15</u>
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Women’s College Hospital: Dr. Aliza Israel	<u>16</u>
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Site Maps:

All Sites	<u>18</u>
Greater Toronto Area (GTA)	<u>19</u>

General Description:

The Child, Youth, and Emerging Adult Program at CAMH provides psychiatric assessment and treatment to children and adolescents under 18, youth with concurrent disorders ages 14-24, and has an urgent care clinic for youth.

Common Clinical Presentations:

- Mood and anxiety disorders
- Disruptive behaviour disorders
- Autism spectrum disorders
- Concurrent disorders

Treatment Settings:

- Ambulatory services (general assessments, autism spectrum disorder assessments, treatment of disruptive behaviour disorders, treatment of mood and anxiety disorders, bipolar disorder, urgent assessment clinic)
- Inpatient program (up to 12 beds) – for youth with concurrent disorders, interprofessional team of nurses, CYWs, social worker, teacher
- Day program (up to 8 spots) – for youth with concurrent disorders, interprofessional team of teacher, CYW, and social worker

Treatment Modalities:

- CBT for depression, anxiety
- DBT skills and DBT-informed individual therapy
- Parenting interventions
- Group therapy (ambulatory, inpatient program, day program)
- Group therapy to help children with disruptive behaviour disorders
- Psychopharmacology (stimulants, antidepressants, antipsychotics)
- Supportive psychotherapy
- Family therapy

Supervisors:

- Stephanie Ameis – autism spectrum disorders, research
- Marco Battaglia – general child, mood/anxiety, disruptive behaviours, research
- Darren Courtney – concurrent disorders
- Amy Gajaria – youth urgent care, work with racialized youth
- Benjamin Goldstein – bipolar disorders, research
- Anbreen Khizar – concurrent disorders inpatient
- Meng-Chuan Lai – autism spectrum disorders, research
- John Langley – concurrent disorders
- Marissa Leong – general child, mood/anxiety, disruptive behaviours
- Susan Quesnel – concurrent disorders
- Amit Rotem – youth urgent care
- Amanda Sawyer – autism spectrum disorders
- Debbie Schachter – general child, mood/anxiety, disruptive behaviours
- Oshrit Wanono – general child, mood/anxiety, disruptive behaviours
- Priya Watson – general child, mood/anxiety, disruptive behaviours, interpersonal therapy, research
- Marcia Zemans – general child, mood/anxiety, disruptive behaviours
- Peter Szatmari – autism spectrum disorders, depression, research

Other:

- Research – opportunities with supervisors engaged in research in autism spectrum disorders, mood disorders, disruptive behaviour disorders
- Teaching and Education – opportunities for supervising junior trainees, co-teaching seminars
- Quality Improvement – opportunities for working on QI projects

George Hull Centre for Children and Families

Dr. Taylor Armstrong
 PG Education Coordinator
 Tel: (416) 622-8833
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General Description:

The George Hull Centre for Children and Families is located in Etobicoke and serves infants, children, youth, and their families from birth to age 18.

Common Clinical Presentations:

- Anxiety
- Depression and self-harm
- Developmental trauma and attachment related issues
- Inattention and school related difficulties
- Parent child relational issues

Treatment Settings:

- Outpatient psychiatric consultations, brief follow up (in person and virtual)
- Outpatient individual and family counselling (in person and virtual)
- Outpatient group treatment – CBT anxiety, DBT for teens, attachment groups for parents (virtual)
- Day treatment classrooms in a community school setting
- Girls residential program (6 beds)
- Intensive in-home support program
- Early On prevention and early intervention program (virtual)

Treatment Modalities:

- Outpatient psychiatric assessments and medication management
- CBT for anxiety, selective mutism
- DBT-informed individual and group DBT skills
- Trauma assessment and treatment
- Dyadic developmental psychotherapy
- Family therapy
- Group therapy

Supervisors:

- Farid Ahmad
- Taylor Armstrong
- Upasana Krishnadev
- Greg Lodenquai
- Reem Abdul Qadir, MSW, RSW

General Description:

The Child and Youth Division at Humber River Hospital focuses on seeing child and youth with complex mood, anxiety, and psychotic disorders. Children and youth from 6-18 years of age are seen in this Schedule 1 facility with the full spectrum of care: outpatient, urgent care clinic, day hospital (Section 23 school), and inpatient programme. Residents have the full support of the medical and allied health staff to support learning and clinical needs. Interdisciplinary team concept of care; allied health professionals work closely with medical professionals to provide care to our multicultural patient population.

Common Clinical Presentations:

- Complex mood and anxiety disorders
- Complex psychotic presentations
- ADHD and early childhood disorders
- Variety of case presentations and rich diversity of patients and cultures
- Adolescent psychopathology

Treatment Settings:

- Inpatient program (up to 7 beds) – interprofessional team of nurses, CYWs, social worker, teacher, and art therapist
- Day program (up to 12 spots) – interprofessional team of teacher, CYW, and social worker
- Urgent assessment clinic – assessments of referrals from the ER
- Outpatient clinics – new assessments and follow-ups

Treatment Modalities:

- CBT for depression, anxiety, OCD
- IPT-A for depression
- Supportive psychotherapy
- Psychopharmacology
- DBT skills and DBT-informed individual therapy
- Group therapy (inpatient program, day program)

Supervisors:

- Raj Rasasingham – mood disorders, anxiety disorders, integrated mental health, ADHD, psychotic disorders; teaching and education; CPPD/CME; global health research; advocacy
- Tania Fiacco – mood disorders, anxiety disorders, integrated mental health, inpatient, day hospital
- Maged Kodsí – mood disorders, anxiety disorders, family work, psychotherapy supervision
- Jacqui Holiff – mood disorders, anxiety disorders, OCD, ADHD, ASD, urgent care
- Leora Glick – outpatients, 6-12, ODD, ADHD, mood disorders, some ASD
- Rega Chang, MSW (secondary) – mood disorders, anxiety disorders, OCD, urgent care
- Jodi Farbstein, MSW (secondary) – outpatient psychiatry, CBT, complex patients, ASD, DBT
- Melice Mitchell, MSW (secondary) – older adolescents, Afro-Caribbean/West Indian – culturally informed care
- Flora Peluso and Nigel Campbell, CYW (secondary) – behavioural management plan, ODD, ADHD
- Rose Ceci, RN (secondary) – community outreach, culturally informed care, transition age youth
- Sonu Gaiñd – psychotherapy supervision, Chief of Psychiatry
- Heather Wheeler, PhD (secondary) – complex case supervision
- Kirsten Yeo, MSW (secondary) – urgent care, complex cases, DBT

Other:

- Research – opportunities with supervisors engaged in research, primarily in mood disorders
- Teaching and Education – opportunities for supervising junior trainees, co-teaching seminars
- Quality Improvement – opportunities for working on QI projects

General Description:

Michael Garron Hospital, formerly Toronto East General Hospital, is a community teaching hospital located at 825 Coxwell Avenue, just north of the Danforth (walkable from Coxwell Subway Station). We are a dynamic, busy, innovative service, with several opportunities for learning and interdisciplinary clinical work.

Common Clinical Presentations:

- Mood and anxiety disorders
- Psychosis
- Personality disorders
- Substance use disorders
- Neurodevelopmental disorders
- Disruptive and conduct disorders
- Gender dysphoria

Treatment Settings:

- Inpatient program (6 beds) – interprofessional team of nurses, CYWs, social worker, and teacher
- Day program (Building Bridges) – interprofessional team of teacher, nurse, CYW, and social worker
- Outpatient and urgent care clinics
- Anxiety clinic

Treatment Modalities:

- Psychopharmacology
- CBT for depression, anxiety, trauma, OCD
- IPT-A for depression
- Supportive psychotherapy
- DBT skills group
- Parent workshops

Supervisors:

- Susan MacKenzie – inpatients, outpatients, DBT group
- Stephanie Wiesenthal – outpatients, anxiety groups
- Katie Zhu – inpatients, outpatients
- Avital Klein – outpatients, IPT-A
- Krista Lemke – day program
- Gili Adler – anxiety assessments and therapy treatment, opportunities for research

General Description:

The child psychiatry program operates within a large community teaching hospital that trains undergraduate and postgraduate students from different disciplines. The program at NYGH offers residents completing the core child psychiatry rotation and child psychiatry career trainees a full range of clinical and educational opportunities. We see school-age children up until the age of 19.

Common Clinical Presentations:

- Mood disorders
- Anxiety disorders
- OCD
- ADHD
- ODD
- Eating disorders
- Personality disorders
- Psychosis

Treatment Settings:

- Inpatient program (6 beds) – multidisciplinary team of nurses, social workers, CYWs, and teacher
- Day program (maximum 8 spots) – multidisciplinary team of psychologist, social worker, CYWs, and teacher
- Eating disorders – outpatient clinic, day program, and consultation to pediatric inpatient unit for youth with eating disorders
- Emergency room assessments of youth with mental health presentations
- Outpatient clinic – new assessments and follow-ups

Core residents typically spend two months on our inpatient unit, and two months seeing outpatients which includes seeing youth in our day hospital program, as well as patients with eating disorders. Elective and subspecialty residents can create full or part-time rotations to suit their interests.

Treatment Modalities:

- CBT for depression, anxiety, OCD
- DBT skills group and DBT-informed individual therapy
- Supportive psychotherapy
- Group therapy (inpatient program, day program, outpatients)
- Psychopharmacology

Supervisors:

- Kevin Gabel – eating disorders, day treatment, mood disorders, anxiety disorders, ADHD
- Lara Propst – mood disorders, anxiety disorders, ADHD
- Leigh Solomon – inpatient, consultation-liaison, mood disorders, anxiety disorders, ADHD
- Bob Stein – mood disorders, anxiety disorders, ADHD
- Jillian Sussman – mood disorders, anxiety disorders, ADHD

Other:

- Teaching and Education – opportunities for supervising junior trainees, co-teaching seminars

General Description:

Ontario Shores has inpatient and outpatient training experiences available to trainees. All inpatient programs are provincial tertiary care programs. The learning experience can be tailored to the level of training and career needs of the trainee.

Common Clinical Presentations:

- Mood disorders
- Anxiety disorders
- Eating disorders
- Neurodevelopmental disorders
- Psychotic disorders

Treatment Settings:

- Inpatient adolescent unit (12 beds) and inpatient adolescent eating disorder unit (12 beds) – assessment and treatment of young people with complex, treatment-refractory illnesses
- Outpatient assessment and follow-up clinic – opportunities to see patients and families in-person or using the Ontario Telemedicine Network
- Classroom day program (8 spots) – high school based, in partnership with the local school board

Treatment Modalities:

- Psychotherapeutic (individual and group) modalities including CBT, DBT, IPT, and family therapies led by interdisciplinary mental health teams
- Psychopharmacological interventions

Supervisors:

- Marc Fadel
- Graciela Kriegel-Perez
- Debbie Leung

Other:

- Medical student and resident teaching and research opportunities are available
- Additional exposures to specialized youth mental health (ages 18-24) are available upon request

SickKids Centre for Community Mental Health

Dr. Diane Philipp
 Interim PG Education Coordinator
 Tel: (416) 924-1164 ext. 3330
 Email: dphilipp@sickkidscmh.ca

General Description:

SickKids Community Mental Health Centre is a children's mental health centre in Toronto's downtown core. The centre provides mental health services for children from birth to 18 years of age, including outpatient services as well as day treatment and intensive classroom services for children aged 6-12 at our Sheppard site, and for youth aged 13-18 at our Jarvis site.

Common Clinical Presentations:

- Because the centre allows for self-referral, a wide range of clinical presentations are seen, offering residents a unique opportunity for community mental health care
- Multidisciplinary teams are age-based, offering assessment tailored to infant and preschool, school-aged, or adolescents, again with the full range of clinical presentations for each of these age groups
- Specialized teams: attachment disorders and concerns, trauma team, migration team

Treatment Settings:

- Outpatient services – new assessments and follow-ups
 - Infant and preschool mental health assessment and treatment teams
 - School-aged assessment team
 - Family therapy treatment team
 - Neuropsychiatry rotation at The Possibilities Clinic – community rotation specialized in neuropsychiatric disorders of childhood including patients with ADHD, Tourette syndrome, autism, and learning disabilities
 - CBT team
 - Trauma team (opportunities for trauma focused-CBT case and supervision)
 - Migration team (focusing on cultural mental health) – meets on an as needed basis effective 2020
 - Community consultation
 - Mindwerx therapeutic preschool
 - Jewish Family and Child Services
 - Programme Passerelle – francophone section 23 class
- Intensive in-home services with multidisciplinary team of ECEs, CYWs, social work, psychology, and psychiatry
- Treatment classroom for children aged 6-12 at our Sheppard Site – joint venture with the TDSB where CCMH provides the multidisciplinary team of ECEs, CYWs, social work, psychology, and psychiatry
- Residential services – joint venture with the TDSB where CCMH provides the multidisciplinary team of ECEs, CYWs, social work, psychology, and psychiatry
- Adolescent psychiatry assessments for residential team
- Day treatment for youth aged 13-18 at our Jarvis Site

Treatment Modalities:

- CBT for depression, anxiety, OCD
- IPT-A for depression
- TF-CBT and other evidence-based trauma focused treatments
- Infant and preschool treatments: Watch Wait and Wonder, Interaction Guidance, Reflective Family Play
- Behavioural strategies for parenting
- EFFT (Emotion Focused Family Therapy)
- Brief psychodynamic therapy for adolescents
- Brief play-based therapy for children
- Supportive psychotherapy
- DBT skills and DBT-informed individual therapy; DBT groups for youth and parents
- Yoga based/mindfulness groups for youth and for children
- Group therapy (inpatient program, day program)
- Psychopharmacology

Supervisors:

- Susan Dundas – trauma, early childhood neurodevelopmental disorder
- Laura Freedman – infant and preschool, school aged treatment classroom
- Marshall Korenblum – adolescent mental health (mood and anxiety), brief psychodynamic psychotherapy, intake consultation team, JF&CS consultations
- Niki Mofid – family therapy
- Helen O’Halpin – adolescent mental health, DBT-A; psychodynamic
- Laura Paccione – adolescent mental health, DBT-A, consultant to WHO on child mental health
- Diane Philipp – infant and preschool mental health, play therapy
- Priya Raju – migration team, IPT-A
- Debra Stein – migration team
- Therese Zarb – infant and preschool mental health, CBT

Other:

- Research – opportunities with supervisors engaged in research
- Teaching and Education – opportunities for supervising junior trainees
- Residents often have the opportunity to receive live supervision of their cases through a one-way mirror and earpiece (or via videoconferencing)

General Description:

The Department of Psychiatry at SickKids offers a variety of experiences with children of all ages. Our ambulatory, consultation-liaison, urgent care, day hospital, and inpatient services all provide valuable learning opportunities within collaborative interdisciplinary teams. Options for clinical opportunities vary and include training in pharmacological interventions as well as psychotherapy (with cognitive behavioural therapy being a particular strength of our program). Training opportunities also involve virtual experiences, including through telemedicine and telepsychiatry.

Common Clinical Presentations:

- Anxiety disorders
- ADHD
- Mood disorders
- OCD
- Behavioural disorders
- Autism spectrum disorders
- Suicidal behaviours
- Self-harm behaviours
- Psychotic disorders
- Psychiatric disturbances due to medical issues (i.e., delirium, agitation)

Treatment Settings:

- Inpatient program – interprofessional team of nurses, CYWs, social workers
- Day program – interprofessional team of CYW and social worker
- Urgent care clinic – assessments of referrals from the ER
- Outpatient clinics – new assessments and follow-ups
- Consultation-liaison – inpatient and outpatient opportunities

Treatment Modalities:

- Individual CBT for anxiety, OCD, depression
- Group CBT therapy for 5-7 year olds and 8-12 year olds with non-OCD anxiety
- Group therapy for OCD
- Family therapy
- Psychopharmacology

Supervisors:

All our supervisors see a variety of disorders. Supervisors' particular areas of interest and expertise are listed below.

- Elia Abi-Jaoude – tic disorders, OCD, inpatient psychiatry, research
- Elemi Breetvelt – inpatient psychiatry, research
- Pier Bryden – urgent care clinic, transgender youth
- Alice Charach – ADHD, anxiety
- Claire De Souza – consultation-liaison
- Marc Fadel – urgent care clinic
- Rose Geist – consultation-liaison
- Daniel Gorman – ADHD, tic disorders
- Mark Hanson – anxiety, behavioural disorders, selective mutism, parenting/family therapy
- Abel Ickowicz – ADHD
- Nicola Keyhan – anxiety disorders, CBT
- Daphne Korczak – mood disorders, research
- Aneta Krakowski
- Sefi Kronenberg – chronic pain
- Chetana Kulkarni – inpatient psychiatry, telepsychiatry, urgent care clinic
- Arfeen Malik

- Suneeta Monga – anxiety disorders, CBT
- Irfan Mian – anxiety disorders, OCD
- Moni Ravi – consultation-liaison
- Russell Schachar – ADHD, research
- Jacob Vorstman – neurodevelopmental disorders, research
- Jean Wittenberg – infant psychiatry/CL program

Other:

- Research – opportunities with various supervisors engaged in research
- Teaching and Education – opportunities for supervising junior trainees and working collaboratively/providing education to interdisciplinary teams

General Description:

The Youth Division at Sunnybrook Health Sciences Centre focuses on seeing youth with complex mood and anxiety disorders. Youth are ages 14-18 at intake and are followed into their early 20s.

Common Clinical Presentations:

- Complex mood and anxiety disorders – usually comorbid with one or more of substance use, trauma, emerging personality disorders

Treatment Settings:

- Inpatient program (up to 8 beds) – interprofessional team of nurses, CYWs, social worker, teacher, and art therapist
- Day program (up to 8 spots) – interprofessional team of teacher, CYW, and social worker
- Urgent assessment clinic – assessments of referrals from the ER
- Outpatient clinics – new assessments and follow-ups

Treatment Modalities:

- CBT for depression, anxiety, OCD
- IPT-A for depression
- Prolonged exposure for PTSD
- Supportive psychotherapy
- DBT skills and DBT-informed individual therapy
- Group therapy (inpatient program, day program)
- Psychopharmacology
- ECT
- rTMS (older adolescents)

Supervisors:

- Carolyn Boulos – mood disorders, anxiety disorders
- Amy Cheung – mood disorders, anxiety disorders, IPT-A, integrated mental health
- David Kreindler – mood disorders, anxiety disorders, day treatment, research
- Ralph Lewis – mood disorders, anxiety disorders, OCD, ADHD, ASD
- Rachel Mitchell – bipolar disorders, DBT, research
- Sharon Reiter – mood disorders, anxiety disorders, OCD
- Janet Song – inpatient psychiatry, urgent care
- John Teshima – inpatient psychiatry, rural outreach, teaching and education
- Karen Wang – inpatient psychiatry, CBT, DBT, prolonged exposure, QI

Other:

- Research – opportunities with supervisors engaged in research, primarily in mood disorders
- Teaching and Education – opportunities for supervising junior trainees, co-teaching seminars
- Quality Improvement – opportunities for working on QI projects

Trillium Health Partners

Dr. Jonathan Beard
 PG Education Coordinator
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General Description:

Trillium Health Partners is the largest community teaching hospital in Canada, and Credit Valley Hospital houses the Regional Pediatric Treatment Centre for Peel. The Child & Adolescent Mental Health Services treats patients up to 18 years old, and with the Transitional Age Youth Program patients are seen up to 24 years old.

Common Clinical Presentations:

- All anxieties and mood disorders
- OCD and other repetitive behaviour disorders
- ADHD complicated by SLD or ASD or tics or other comorbidities
- Selective mutism
- Disorders with comorbid disordered eating, trauma, borderline character, or substance use

Treatment Settings:

- Urgent care program – inpatient discharges from partnering hospitals and when referred from the emergency department
- Outpatient ambulatory clinic – new assessments and short-term follow-up if needed
- Transitional age youth – youth 16-24 years old needing an intensive team approach

Treatment Modalities:

- CBT
- DBT
- Unified protocol
- Supportive psychotherapy
- IPT
- Family therapy
- Groups – including the above modalities for patients and parents – particularly with the OCD pathway and selective mutism pathway
- Psychopharmacology

Supervisors:

- Psychiatric and psychology consultation and supervision is provided by six psychiatrists and two psychologists and allied clinicians including social work and occupational therapy
- Psychiatrists include Drs. Ruth Stirtzinger, Karen Petruccelli, Dafni Sadler, Louis Peltz, Jonathan Beard, and Mark Messih

Other:

- Learning opportunities – weekly treatment team meetings, grand rounds, and case conferences
- Teaching – learners including medical students, junior psychiatry residents, and family medicine residents
- Research – opportunities through the Institute for Better Health
- Community partnerships – PCC, AYSP, Peel CAS, Peel region school boards

General Description:

The Child, Adolescent and Family Mental Health program at St. Joseph’s Health Centre focuses on seeing children and adolescents who present to the Emergency Department with a variety of acute clinical problems and require inpatient or urgent outpatient care. Outpatient services such as consultation, shared-care, and day-program are also offered.

Common Clinical Presentations:

- Acute presentations including mood, anxiety, psychotic, suicidality, and other conditions
- Common comorbidities including behavioural disorder, parent-child difficulties, personality disorders, and others are also present

Treatment Settings:

- Inpatient program (up to 8 beds) – interprofessional team of nurses, CYWs, social worker, and teacher
- Day program (up to 6 spots) – interprofessional team of teacher, CYW, and SW/MD team
- Urgent assessment clinic – assessments of referrals from the ER
- Outpatient clinics – new assessments and follow-ups

Treatment Modalities:

- Inpatient psychoeducation and psychotherapy
- CBT for adolescents
- DBT for adolescents
- Family therapy
- Supportive psychotherapy
- Psychopharmacology
- ECT

Supervisors:

- Ademola Adeponle – inpatient, urgent care, shared care, pediatric consultation-liaison
- Hannah Klein – inpatient, urgent care, DBT
- Andrew Howlett – inpatient, urgent care, perinatal/fathers’ mental health
- Benyamin Rotberg – inpatient, urgent care, pediatric consultation liaison

Other:

- Teaching and Education – opportunities for supervising junior trainees, co-teaching seminars
- Quality Improvement – opportunities for working on QI projects

General Description:

The Family and Child Program at Women's College works in collaboration with the all the adult mental health programs at WCH, providing consultation and short-term treatment for children aged 0 to 18. Patients are referred when a parent is a patient at WCH, from WCH Family Practice, and from the community.

Common Clinical Presentations:

- Mood
- Anxiety
- ADHD
- Parenting difficulties in the context of parent mental illness
- Parent-infant attachment

Treatment Settings:

- Outpatient clinics – new assessments and follow-ups

Treatment Modalities:

- Psychopharmacology
- Play therapy
- Family therapy including dyadic psychotherapy
- Psychodynamic individual psychotherapy
- Mom and baby group

Supervisors:

- Cintia Padoin – all above
- Aliza Israel – all above

Other:

- Weekly clinical rounds with perinatal team
- Teaching and Education – opportunities for supervising junior trainees, co-teaching seminars
- Quality Improvement – opportunities for working on QI projects

General Description:

Youthdale is a non-profit, charitable community agency funded by the Ministry of Health and Long-Term Care. The agency meets the complex needs of children and youth aged 6 and up, as well as their families, with a team of highly skilled and dedicated psychiatrists, psychologists, social workers, nurses, child and youth workers, as well as other allied social service and health work related professionals.

Common Clinical Presentations:

- Complex mood and anxiety disorders
- Complex psychopharmacology cases
- ADHD, FASD, and neurodevelopmental disorders
- Disruptive and conduct disorders
- Parent-child difficulties
- Developmental trauma and substance use

Treatment Settings:

- Crisis support team – bringing crisis intervention to family or group home, school or hospital
- Inpatient units – interprofessional team of child psychiatrists, psychologists, a consulting neurologist, registered nurses, psychiatric crisis workers, and educational specialists; specialty consultations with speech-language pathology or occupational therapists may be arranged as required
 - Acute support unit (9 beds)
 - Transitional psychiatric unit (10 beds)
 - Transitional age unit (8 beds)
- Outpatient and consultative services – multiple day treatment programs serving the needs of youth from age 12 through to the completion of high school
 - Intensive Support and Supervision Program (ISSP) for youth with forensic involvement and mental health needs
 - Sleep medicine clinic (6 beds)
 - Specialty outpatient consultation services – neuropsychiatric, neurological, psychopharmacology, and family systems

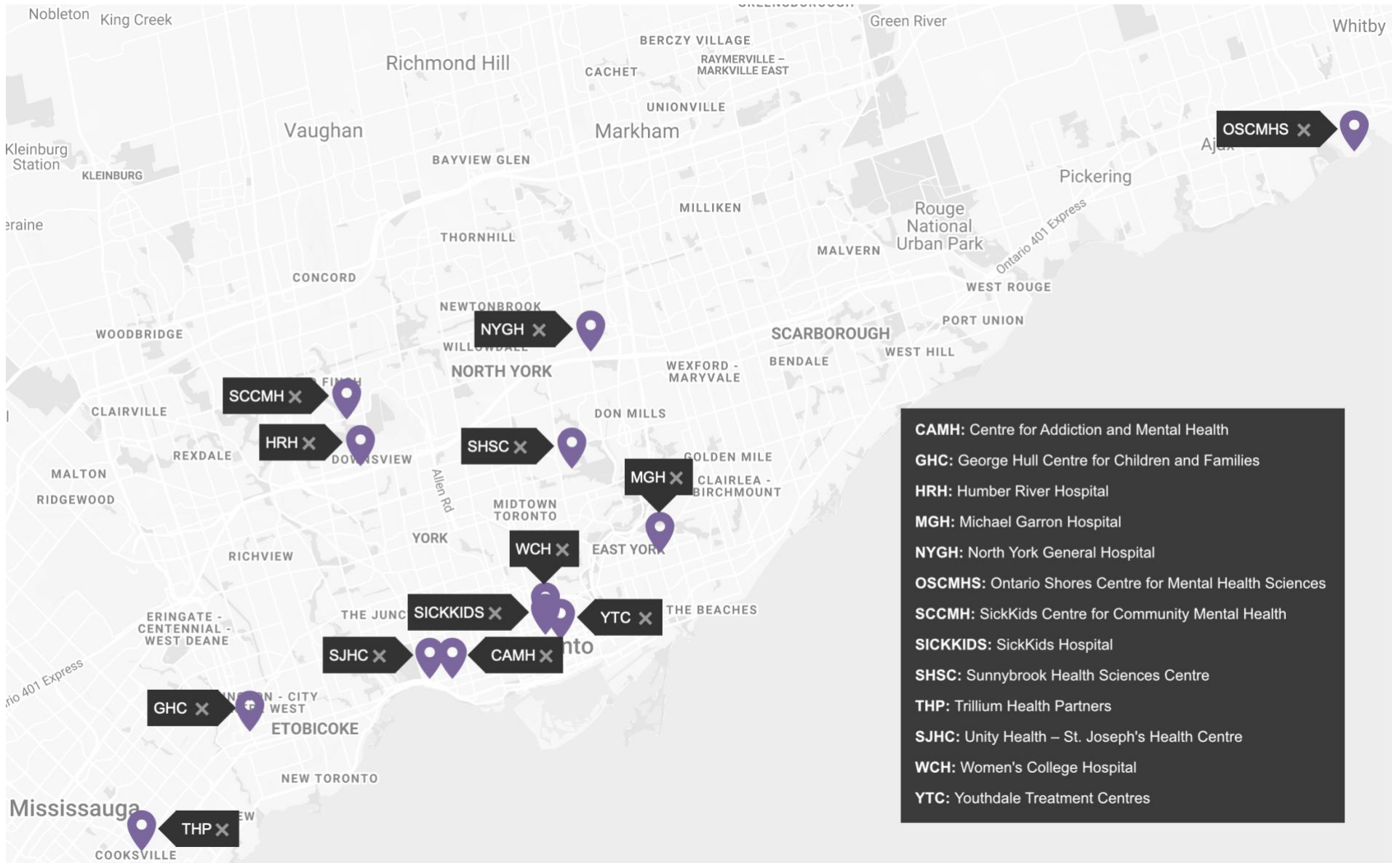
Treatment Modalities:

- Outpatient psychiatric assessment and medication management
- CBT for mood and anxiety
- IPT
- DBT-informed individual and group DBT skills
- Family therapy
- Positive Parenting Programs (Triple P)
- Trauma assessment and treatment

Supervisors:

- Parul Agarwal – mood and anxiety disorders, trauma assessment and treatment
- Katie Cochrane – mood and anxiety disorders, trauma assessment and treatment
- James Deutsch – family therapy
- Rachael Ptashny – mood and anxiety disorders, complex psychopharmacology
- Nathan Scharf – mood and anxiety disorders, complex psychopharmacology, ISSP
- Azmeh Shahid – mood and anxiety disorders, CBT, sleep medicine

Site Map (All Sites):



- CAMH**: Centre for Addiction and Mental Health
- GHC**: George Hull Centre for Children and Families
- HRH**: Humber River Hospital
- MGH**: Michael Garron Hospital
- NYGH**: North York General Hospital
- OSCMHS**: Ontario Shores Centre for Mental Health Sciences
- SCCMH**: SickKids Centre for Community Mental Health
- SICKKIDS**: SickKids Hospital
- SHSC**: Sunnybrook Health Sciences Centre
- THP**: Trillium Health Partners
- SJHC**: Unity Health – St. Joseph's Health Centre
- WCH**: Women's College Hospital
- YTC**: Youthdale Treatment Centres

Site Map (Greater Toronto Area):

