

Psychiatry: Foundations EPA #1

Assessing, diagnosing and participating in the management of patients with medical presentations relevant to psychiatry

Key Features:

- This EPA focuses on management of medical presentations relevant to psychiatry, and recognition and initial management of medical emergencies.
- Examples include the following: substance intoxication; overdose and withdrawal; endocrine and metabolic disorders; delirium; stroke; traumatic brain injury; acute MI, HTN, CHF, COPD, and neuropsychiatric presentations of medical illness (seizure disorder, movement disorders); MS; Huntington's; Parkinson's disease.
- This EPA includes performing a medical assessment, including a general physical exam and neurological assessment, and interpreting relevant investigations.

Assessment Plan:

Direct observation by psychiatrist, neurologist, internal medicine specialist/hospitalist, emergency medicine physician, pediatrician, geriatrician, family physician, physician assistant, nurse practitioner, or non-psychiatry Core or TTP resident

Use Form 1. Form collects information on:

- Medical emergency: yes; no
- Case type: substance intoxication; overdose and/or withdrawal; congestive heart failure; chronic obstructive pulmonary disease; endocrine or metabolic disorders; acute myocardial infarction; hypertension; delirium; neuropsychiatric presentations of medical illness (seizure disorder, movement disorders, MS, Huntington's, Parkinson's disease); stroke; traumatic brain injury; other presentation
- Setting: emergency; inpatient; outpatient
- Demographic: child; adolescent; adult; older adult
- Service: psychiatry; neurology; medicine (CTU, GIM, or Family Medicine); on-call experiences; emergency; other

Collect 8 observations of achievement

- At least 2 medical emergencies
- At least 1 substance intoxication
- At least 1 overdose and/or withdrawal
- At least 1 neuropsychiatric presentation
- At least 1 endocrine or metabolic disorder
- At least 4 different observers
- At least 3 by a supervising staff physician

Relevant Milestones:

- 1 **ME 1.3 Apply clinical and biomedical sciences to manage core patient presentations**
- 2 **COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion**
- 3 **COM 2.1 Conduct a patient-centred interview, gathering all relevant biomedical and psychosocial information**
- 4 **ME 2.2 Perform a medical assessment, including general physical exam and neurological assessment**
- 5 **ME 2.1 Differentiate stable and unstable patient presentations**
- 6 **ME 2.4 Develop a plan for initial management of a medical presentation**
- 7 **ME 1.6 Seek assistance in situations that are complex or new**
- 8 **ME 4.1 Ensure follow-up on results of investigation and response to treatment**
- 9 **COM 3.1 Use strategies to verify and validate the understanding of the patient and family with regard to the diagnosis, prognosis, and management plan**
- 10 **COM 4.1 Communicate with cultural awareness and sensitivity**
- 11 **COM 5.1 Document clinical encounters to adequately convey clinical reasoning and the rationale for decisions**
- 12 **COL 1.2 Describe the roles and scopes of practice of other health care professionals related to their discipline**
- 13 **P 1.1 Demonstrate awareness of the limits of one's own professional expertise**