

Psychiatry: Foundations EPA #3

Developing and implementing management plans for patients with psychiatric presentations of low to medium complexity

Key Features:

- This EPA includes the implementation of the management plan.
- The observation of this EPA is based on the review of a management plan and observation of the resident's communication of the management plan to the patient.

Assessment Plan:

Direct and indirect observation by psychiatrist/psychiatric subspecialist, TTP psychiatry resident, Core/TTP psychiatry subspecialty resident, or psychiatry/psychiatry subspecialty fellow

Use Form 1. Form collects information on:

- Setting: emergency; inpatient unit; consultation liaison; outpatient; day hospital; community; assisted living; correctional; residential treatment centre; shared/collaborative care; simulation
- Case type: anxiety disorder; mood disorder; personality disorder; psychotic disorder; OCD; substance use disorder; trauma; other
- Demographic: child; adolescent; adult; older adult

Collect 6 observations of achievement

- At least 1 mood disorder
- At least 1 psychotic disorder
- At least 1 personality disorder
- At least 1 substance use disorder
- At least 1 of anxiety or trauma or OCD
- No more than 2 child or adolescent patients
- No more than 2 older adult patients
- At least 3 different observers
- At least 2 by psychiatrists

Relevant Milestones:

- 1 ME 2.3** Establish goals of care
- 2 ME 2.4** Develop and implement management plans that consider all of the patient's health problems and context
- 3 ME 3.2** Describe the indications, contraindications, risks, and alternatives for a given

treatment plan

- 4 COM 1.1** Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion
- 5 ME 2.4** Prescribe first line psychotropic medicines
- 6 ME 3.2** Obtain and document informed consent, under supervision
- 7 ME 4.1** Develop plans for ongoing management and follow-up
- 8 ME 4.1** Coordinate care when multiple health care providers are involved
- 9 COM 5.1** Document clinical encounters to adequately convey clinical reasoning and the rationale for decisions
- 10 COL 1.2** Describe the roles and scopes of practice of other health care professionals related to their discipline
- 11 COL 1.2** Consult as needed with other health care professionals, including other physicians
- 12 HA 1.1** Demonstrate an approach to working with patients to advocate for health services or resources
- 13 S 2.5** Provide feedback to enhance learning and performance for learners
- 14 P 3.1** Integrate appropriate components and aspects of mental health law into practice