

This document is to be used in conjunction with the *Entrustable Professional Activity User Guide*, which is available on the Royal College's website.

## **Psychiatry: Transition to Discipline EPA #1**

### **Obtaining a psychiatric history to inform the preliminary diagnostic impression for patients presenting with mental disorders**

#### Key Features:

- This EPA verifies medical school skills of obtaining a psychiatric history and synthesizing information for diagnosis.
- This includes clinical assessment skills, including a mental status examination and a focused physical/neurological exam if clinically indicated, and synthesizing a preliminary diagnostic impression in a patient of low complexity.
- This EPA may be observed in any psychiatry setting.

#### Assessment Plan:

Direct observation by psychiatrist/subspecialty psychiatrist, Core/TTP psychiatry/  
subspecialty psychiatry resident or fellow

Use Form 1. Form collects information on:

- Case type: anxiety disorder; cognitive disorder; mood disorder; neurodevelopmental disorder; personality disorder; psychotic disorder; substance use disorder; other

Collect 2 observations of achievement

- At least 2 different case types
- At least 1 by psychiatrist

#### Relevant Milestones:

- 1 ME 1.3 Apply diagnostic classification systems for common mental disorders**
- 2 ME 2.2 Perform a clinically relevant history including ID, HPI, and PPH**
- 3 ME 2.2 Perform a focused physical and/or neurological exam as clinically relevant**
- 4 ME 2.2 Develop a differential diagnosis relevant to the patient's presentation**
- 5 ME 2.2 Conduct a mental status examination**

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- 6 ME 2.4 Develop an initial management plan for common patient presentations**
- 7 COM 1.1 Convey empathy, respect, and compassion to facilitate trust and autonomy**
- 8 COM 1.4** Use appropriate non-verbal communication to demonstrate attentiveness, interest, and responsiveness to the patient and family
- 9 COM 2.3** Seek and synthesize relevant information from other sources, including the patient's family, with the patient's consent
- 10 COM 4.1** Conduct an interview, demonstrating cultural awareness
- 11 P 1.1 Demonstrate awareness of the limits of one's own professional expertise**